talking activities
to build language skills

**talk baby talk**
Using a fun, excited, sing-song voice helps a child learn words. Babies who hear more baby talk know more words by age 2 than those who don’t.

**talk during routines**
When you’re cooking or getting them dressed, talk about what you’re doing. It helps them connect a word to an action.

**talk in your native language**
Children can learn many languages at once. English is easier to learn when they have a strong grasp of their first language.

**talk during mealtime**
Describe the food’s taste, feel and color. This helps children be aware of what they see. It also builds their memory and helps them group things.

**talk about everyday things**
Babies are always listening. Talk about the weather, what you had for lunch, what you see when you are driving. This adds to the words they know.

**talk about your favorites**
Say your favorite poems or sayings you knew as a child. Sharing connects your child to their culture.

**talk about taking turns**
Repeat simple words and actions. Take turns giving and taking directions. This helps a child learn cause and effect.

**talking benefits:**
- Increases vocabulary
- Creates bonds
- Teaches cause and effect
- Brings joy
- Builds memory

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